

BRISBANE CITY COUNCIL

# Women's safety and wellbeing

key contacts



*Dedicated to a better Brisbane*

## Emergency numbers

Police, Ambulance, Fire .....	000
Policelink (for non-urgent matters).....	131 444
Lady Cilento Children's Hospital .....	(07) 3068 1111
Mater Adult Hospital Brisbane Emergency Department .....	(07) 3163 8111
Princess Alexandra Hospital .....	(07) 3176 2111
Royal Brisbane and Women's Hospital .....	(07) 3646 8111

## Community health services

13 HEALTH.....	13 43 25 84
Breastscreen Queensland .....	13 20 50
Poisons Information Centre .....	13 11 26
Princess Alexandra Sexual Health .....	(07) 3176 5881

## Counselling/support services

Anglicare Southern Queensland .....	1300 610 610
Brisbane Domestic Violence Service....	(07) 3217 2544
Centacare Fortitude Valley .....	(07) 3252 4371
Domestic Violence Womensline (24hrs free call) .....	1800 811 811
Family Relationships Advice Line.....	1800 050 321
Lifeline Brisbane.....	13 11 14
Parentline .....	1300 301 300
Relationships Australia .....	1300 364 277
Salvo Care Line .....	1300 363 622

## **Sexual assault services**

Brisbane Rape and Incest Survivors Support Centre  
(9am-1pm, Mon-Thu) ..... (07) 3391 0004

National Sexual Assault, Domestic  
Family Violence Counselling Service.... 1800 737 732

Sexual Assault Helpline ..... 1800 010 120

WWILD Sexual Violence Prevention Service  
for women with intellectual and  
learning disabilities ..... (07) 3262 9877

## **Legal services**

Caxton Legal Centre..... (07) 3214 6333

Legal Aid Queensland ..... 1300 651 188

Refugee and Immigration  
Legal Service ..... (07) 3846 9300

Women's Legal Service Queensland ... (07) 3392 0670

## **Housing services**

Brisbane Homelessness  
Service Collaborative ..... (07) 3036 4444

Buranda Housing Service Centre..... (07) 3405 5300

Chermside Housing Service Centre ... (07) 3896 9900

Fortitude Valley Housing  
Service Centre ..... (07) 3872 0320

Homeless Persons Information  
Queensland ..... 1800 474 753

Inala Housing Service Centre ..... (07) 3362 9200

## General resources

Anti-Discrimination Commission Queensland .....	1300 130 670
Crime Stoppers.....	1800 333 000
Gay and Lesbian Welfare Association Queensland/ QLife Helpline (5.30-10.30pm).....	1800 184 527
National Relay Service (for people with hearing and speech impairments).....	133 677
Neighbourhood Watch Queensland.....	<a href="http://www.nhwq.org">www.nhwq.org</a>
Women's Infolink .....	1800 177 577

## Children and young people services

Brisbane Youth Service .....	(07) 3252 3750
Brisbane Youth Service – Centre for Young Women.....	(07) 3620 2452
Child Safety Services (Brisbane).....	1300 682 254
Kids Helpline.....	1800 551 800
Zig Zag Young Women's Resource Centre .....	(07) 3843 1823

## Alcohol and drug services

Alcohol and Drug Information Service (24hrs) .....	1800 177 833
Alcohol and Drug Service.....	(07) 3646 8704
Drug ARM Australasia .....	(07) 3620 8800
Royal Brisbane and Women's Hospital Princess Alexandra Hospital Alcohol and Drug Assessment Unit.....	(07) 3176 5191
The Alcohol and Drug Foundation Queensland .....	(07) 3834 0200

## Indigenous services

- Aboriginal and Torres Strait Islander Community  
Health Service Brisbane ..... (07) 3240 8924  
or ..... (07) 3240 8900
- Aboriginal and Torres Strait Islander  
Legal Service (Qld)..... 1800 012 255
- Bahloo Women's Youth Shelter ..... (07) 3391 2815
- Gallang Place – adult, youth  
and child counselling ..... (07) 3899 5041
- Indigenous Family and  
Child Support Service ..... (07) 3029 6566
- Queensland Aboriginal and Torres Strait  
Islanders Corporation for Alcohol and  
Drug Dependence Services..... (07) 3358 5111

## Multicultural services

- Immigrant Women's  
Support Service ..... (07) 3846 3490
- Multicultural Development  
Association ..... (07) 3337 5400
- Queensland Integrated Refugee  
Community Health Clinic..... (07) 3840 2880
- Queensland Program of  
Assistance to Survivors of  
Torture and Trauma..... (07) 3391 6677
- Translating and Interpreting Service..... 131 450

**Brisbane is generally a safe city, however, it is important to take steps to protect your personal safety. Here are six simple steps you can take to help you stay safe.**

- 1 Be aware.** Stay alert to your surroundings. Take out your headphones, take your eyes off the screen and enjoy the view.
- 2 Be smart.** Pick a safe route. Stay in populated areas and keep to well-lit streets and paths.
- 3 Be prepared and have a plan.** Identify safe places along your regular routes when out and about. This can be a friend's house, a shop or café – anywhere you can get to if you feel unsafe.
- 4 Trust your instincts.** If you feel uncomfortable, get out of the situation straight away.
- 5 Be heard.** If you are threatened or attacked, shout as loudly as you can. Drawing attention to yourself lets others know you are in trouble, and may scare off an attacker.
- 6 Report it.** Report any incident to the police straight away. If the situation is an emergency phone 000, otherwise phone 131 444.

For more information about safety in Brisbane visit [www.brisbane.qld.gov.au/safety](http://www.brisbane.qld.gov.au/safety) or call Council on (07) 3403 8888.

Brisbane City Council  
Information  
GPO Box 1434  
Brisbane Qld 4001

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